



Regional roundup: Wetmore earns coach of year honors

Camera staff report
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Mark Wetmore on Tuesday was named the Big 12 coach of the year in cross country for guiding the Colorado men's and women's teams to this year's conference titles.

The CU men's team won the Big 12 title for the 12th consecutive year and the women's team won its 11th league championship overall.

Wetmore won the men's coach of the year honors for the 11th time and the women's for the 10th time, giving him 21 out of 22 possible COY honors.

Wetmore put together a team that consists of All Big 12 harriers Jenny Barringer, Erin Marston and Sara Vaughn on the women's side and Brent Vaughn, Kenyon Neuman, Stephen Pifer and Pete Janson on the men's team.

Next up for the Buffs, they travel to Weber State for the NCAA Mountain Region Championships on Nov. 10.

Cousins honored

Colorado junior midfielder Alex Cousins was named the Big 12 offensive player of the week on Tuesday.

Cousins scored two goals in two games last weekend to win the weekly honor for the first time in her career.

Cousins scored Friday's overtime game-winner against Oklahoma and the game-winning goal against Oklahoma State on Sunday.

With the wins, CU clinched a spot in the Big 12 tournament.

Mountain bike update

Boulder's Jeremy Horgan-Kobelski was fourth in the USA Cycling Mountain Bike National Cross Country Calendar.

Boulder's Heather Irmiger was fifth in the women's division.

The calendar consisted of 29 events this season.

Harrell leaves Crush

Former Colorado Crush receiver Damian Harrell signed with the Chicago Rush on Tuesday as a free agent.

A two-time AFL Offensive Player of the Year (2005, 2006), Harrell's career blossomed in 2003 when he joined John Elway's Colorado Crush. In his five seasons in Colorado, Harrell was named to the league's All-Arena team four times; was twice named the AFL's Offensive Player of the Year; set AFL single season records for touchdowns (61) and scoring (366); set an AFL record with at least one touchdown reception in 78-consecutive games; and led his team to the ArenaBowl XIX title in 2005.



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